REVIVE ORTHO
AND SPINE CENTRE

Centre for endoscopic and minimal invasive spine surgeries

Doctor treats, God heals

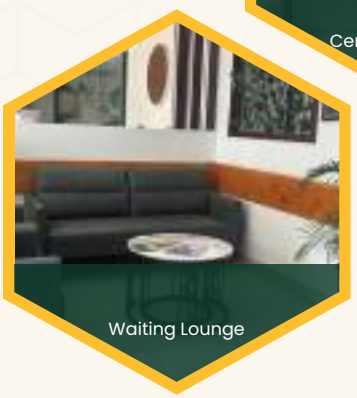


HOSPITAL PROFILE 2026



Centre of Excellence


Reception


Waiting Lounge


Consultation Room


Pharmacy

"Welcome to Revive Ortho & Spine Centre, East Africa's premier destination for advanced spinal and musculoskeletal care."

1st Avenue Junction, 2nd Floor, First Parklands, Nairobi, Kenya
www.reviveorthospinecentre.com

EMERGENCY CONTACT
+254 759 783 272

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"Doctor treats, God heals." – *our slogan*

01 · WELCOME

Who We Are



Revive Ortho and Spine Centre is a premier specialized medical facility dedicated to advanced spinal care and orthopedic excellence. Based in Nairobi, Kenya, the centre serves as a regional hub for patients across East Africa. It is led by an internationally trained spine surgeon who combines modern technology with compassionate, patient-centred care to restore mobility and quality of life.

Revive, and the practice of Dr. Ritesh Patel, represents a shift toward biopsychosocial spine care and advanced interventional physiatry. The centre is a high-volume hub for Minimally Invasive Spine Surgery (MISS), focusing on the transition from "open" destabilizing procedures to motion-preserving, tissue-sparing techniques.

WHAT DO YOU KNOW ABOUT REVIVE

Revive Ortho Spine Centre operates on a multidisciplinary clinical framework that prioritizes biological preservation. The centre's primary directive is the "Conservative-First" approach, where surgery is viewed not as a first-line response, but as a precision intervention reserved for cases where neurological integrity or quality of life is at risk. By integrating interventional pain management (such as Radiofrequency Ablation and Epidural Neurolysis) with specialized spinal physiotherapy, the centre successfully manages over 80% of spinal pathologies without the need for invasive surgery.

AT A GLANCE

25+
Years of surgical experience

50,000+
Patients treated by Dr. Ritesh Patel

5
Countries across East & Southern Africa

80%+
Spinal conditions managed without invasive surgery

"Doctor treats, God heals." — *our slogan*



VISIT US

Find us in First Parklands, Nairobi

1st Avenue Junction, 2nd Floor,
First Parklands, Nairobi, Kenya

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02 · OUR PURPOSE

Mission, Vision & Values

OUR MISSION

To deliver world-class spine care at affordable costs, with a relentless emphasis on quality and safety in every treatment.

- Excellence in service delivery, compassion, empathy and respect for each patient
- Education, transparency and continuous improvement



OUR VISION

To cure patients of spinal problems through the best expertise, advanced technology and a truly patient-friendly healthcare environment that promotes recovery, rehabilitation and well-being.

We are committed to introducing cutting-edge innovations in spine surgery, including surgical navigation and robotic technology, ensuring safer, more precise and highly successful outcomes.

OUR VALUES

01 Patient First

Every decision is made in the best interest of the patient.

02 Transparency

Honest, open communication about conditions, treatments and outcomes.

03 Innovation

Adopting and mastering the latest medical technologies.

04 Compassion

Treating every patient with dignity, empathy and respect.

05 Excellence

Continuous pursuit of the highest standards in clinical practice.

> *"Moving you from a state of pain to a state of vitality, by reviving your strength and reclaiming your motion.*

03 · OUR LEADERSHIP

Dr. Ritesh G. Patel



FOUNDER DIRECTOR & CHAIRMAN
Consultant Orthopedic & Spine Surgeon
Specialist in Endoscopic & Minimal Invasive Spine Surgeries

Dr. Ritesh Patel is the visionary founder and lead specialist at Revive Ortho and Spine Centre. A fellowship-trained surgeon with over 25 years of experience, he is recognized as a regional pioneer in the field of advanced spinal and orthopedic surgery across East Africa.

> *"My goal was never just to build a clinic, but to build a center of excellence where precision meets compassion. At Revive, we give people back their independence."*
>
> — DR. RITESH PATEL

EXPERTISE & LEADERSHIP

01 A regional pioneer
Under his leadership Revive has expanded into Kenya, Tanzania, Uganda, Rwanda and Zambia, bringing international-standard care to thousands.

02 Specialization
Renowned for Minimally Invasive Spine Surgery (MISS) and complex spinal reconstructions, having treated over 50,000 patients.

03 Innovation-driven
Instrumental in bringing robotic-assisted and navigated surgery to the region, for the highest levels of surgical precision.

QUALIFICATIONS & FELLOWSHIPS

- MBBS, FCPS (Orthopedics)
- Diploma in Orthopedics
- Spine Fellow (India & Germany)
- Fellowship in Spine Surgery (SCAPL)
- EDISC – EUROSPINE Interprofessional Spine Care
- Fellowship training in Basic & Advanced Endoscopic Spine Surgery (Sangli, Maharashtra)
- Fellowship in Pain Medicine (Apollo, Hyderabad); FCPS (Mumbai)
- Senior Fellow: EUROSPINE, APOA, APSS, NASS

8,500	4,000	1,500	2,000
Surgical procedures	Spine surgeries	Endoscopic spine surgeries	Hip, knee & shoulder replacements



Beyond the operating theatre, Dr. Ritesh is an active mentor and educator, frequently conducting workshops for fellow surgeons and medical professionals to share the latest advancements in spine and ortho care.

03 · OUR LEADERSHIP

Dr. Priyanka Patel

FOUNDER DIRECTOR & CEO · CONSULTANT · OPERATIONS

At Revive Ortho and Spine Centre, Dr. Priyanka Patel is the strategic force behind the institution's operational excellence and its holistic approach to patient wellness. As CEO, Consultant and Manager of management and operational activities at Revive, she oversees the day-to-day running of the centre.

Dr. Priyanka believes that successful orthopedic outcomes depend on more than a successful operation; they require the management of the whole person. Her leadership ensures that the clinical team looks beyond the bone and spine to address the patient's overall health and long-term vitality.



> *"At Revive, our leadership is committed to a standard of care where medical precision meets a seamless patient experience. We don't just manage conditions; we manage lives."*
>
> — DR. PRIYANKA PATEL

LEADERSHIP PHILOSOPHY

Two founders, one standard of care

In the landscape of orthopedic and spinal healthcare in East Africa, Dr. Ritesh Patel stands out as a leading authority and the driving force behind the "Revive" brand, credited with elevating the standard of surgical care in Kenya and surrounding nations by introducing robotic and navigation-guided spine and musculoskeletal surgeries.



04 · CLINICAL SERVICES

Our Services

"The best surgery is the one you can safely avoid. While we are leaders in advanced surgical techniques, our primary philosophy is conservative management first. Statistics show that up to 90% of spine and orthopedic issues can be successfully resolved without a single incision. Surgery is a powerful tool, but it is typically viewed as the "final destination" after non-invasive pathways have been explored."

— DR. RITESH G. PATEL

Advanced Spine Surgery

MINIMALLY INVASIVE · RECONSTRUCTIVE

1. **Minimally Invasive Spine Surgery (MISS)**
   Including microdiscectomy for slipped discs and percutaneous "awake" spine procedures.
2. **Complex Spinal Reconstruction**
   Surgical correction for scoliosis, kyphosis and other pediatric or adult spinal deformities.
3. **Spinal Fusion & Decompression**
   For degenerative disc disease, spinal stenosis and spondylolisthesis.
4. **Balloon Kyphoplasty**
   A minimally invasive procedure to treat vertebral compression fractures caused by osteoporosis or trauma.



Interventional Pain Management

TARGETED RELIEF · NON-SURGICAL

1. **Radiofrequency Ablation (RFA)**
   A procedure to "turn off" pain signals from specific nerves.
2. **Epidural & Nerve Blocks**
   Targeted injections for immediate relief from sciatica and chronic back pain.
3. **Spinal Cord Modulation**
   Advanced treatment for neuropathic (nerve) pain that has not responded to other therapies.



THE REVIVE APPROACH

We integrate interventional pain management (such as Radiofrequency Ablation and Epidural Neurolysis) with specialized spinal physiotherapy within a multidisciplinary, "Conservative-First" framework. Surgery is a precision intervention, reserved for cases where neurological integrity or quality of life is at risk.

04 · CLINICAL SERVICES

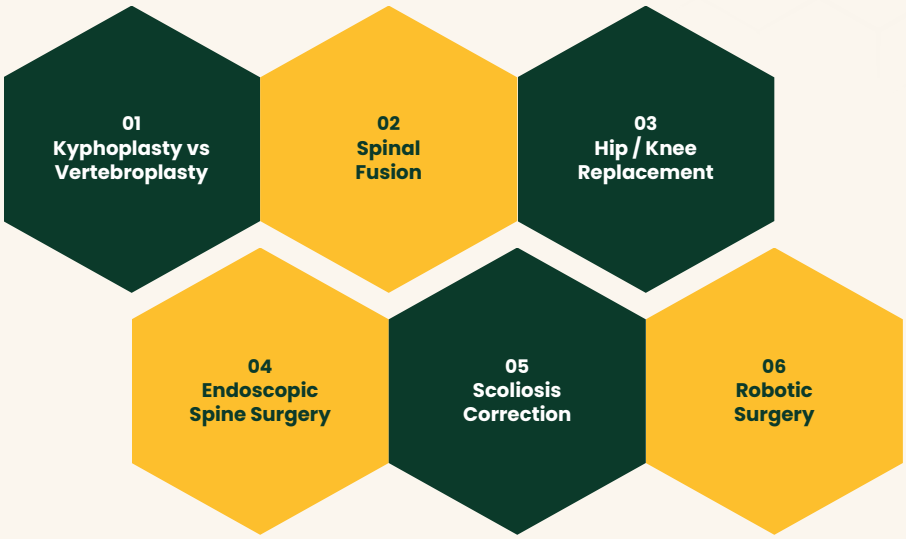
General Orthopedic & Joints Care

1. **Joint Replacement Surgery**
   Advanced total hip, knee and shoulder replacements.
2. **Arthroscopic Surgery**
   Minimally invasive "keyhole" surgery for sports injuries (ACL/MCL tears, rotator cuff repairs).
3. **Trauma Management**
   Expert care for complex fractures and musculoskeletal injuries.



SPECIALIZED SPINE & COMPREHENSIVE ORTHO SERVICES

Revive steps in with high-precision, complex surgical interventions. For us, "complex" means addressing structural issues that involve multiple levels of the spine, or severe joint degeneration that requires specialized reconstruction.



PROCEDURES AT A GLANCE

1. Total knee and hip replacement
2. Arthroscopic keyhole surgeries
3. Complex orthopedic trauma surgeries
4. Caudal epidural and block procedures
5. Spinal fusion surgeries
6. Kyphoplasty and vertebroplasty procedures
7. Endoscopic discectomy procedures
8. Scoliosis and kyphosis correction surgeries
9. Physiotherapy services
10. Pain management procedures
11. Minimal invasive procedures (MIS)
12. PRP injection procedures

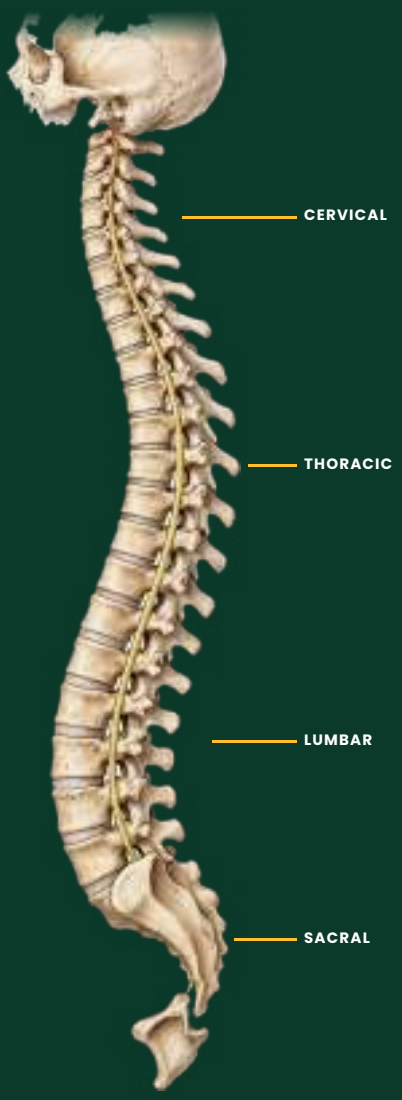
05 · PATIENT EDUCATION

Understanding the Spinal Nerves

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PAIRS OF SPINAL NERVES

exit the spinal column through small openings between the vertebrae



A spinal nerve is a "mixed" nerve: a two-way communication cable between your brain and your body. Every spinal nerve carries two types of signals simultaneously.

Sensory (Afferent)

BODY > BRAIN

Carries information from the body, such as touch, pain or temperature, to the brain.

Motor (Efferent)

BRAIN > MUSCLES

Carries commands from the brain to the muscles, telling them to move.

WHY THEY MATTER IN ORTHOPEDICS

- **Pinched nerves**
  Conditions like a herniated disc can press on these nerves, causing "referred pain".
- **Nerve mapping**
  Surgeons use these nerve pathways to diagnose exactly which level of the spine is injured.

Common nerve issues treated at Revive

- Radiculopathy (pinched nerves)
- Neuropathy
- Muscle weakness



If you are experiencing persistent back or neck pain, numbness, tingling or muscle weakness, early assessment makes a difference. Book a consultation with our team on +254 759 783 272.

06 · FACILITIES & TECHNOLOGY

Complete Care Under One Roof

Revive offers a full spectrum of care, moving from diagnosis to recovery under one roof.

1. Consultation rooms
2. On-site diagnosis
3. Specialized physiotherapy
4. Modular Class 100 Advanced Theatre
5. Admission & patient rooms
6. Infection-controlled wards
7. In-house pharmacy
8. X-ray room (digital)
9. Laboratory


Modular Class 100 Theatre


Physiotherapy


Patient care

TECH & FACILITY AT REVIVE

To deliver world-class surgical outcomes, Revive Ortho and Spine Centre is equipped with an advanced suite of medical technology that bridges the gap between traditional surgery and the future of healthcare.

01 Surgical navigation

The "brain" of our theatre. Navigation systems, often called "GPS for the body", place every instrument and implant with sub-millimeter accuracy.

02 Advanced imaging

Digital C-Arm (fluoroscopy) is a mobile X-ray machine that gives "live" imaging during surgery, so implants are perfectly aligned before the patient leaves the table.

03 Minimally invasive instruments

Endoscopes and tubular retractors "tunnel" through muscle fibers rather than cutting them, preserving natural anatomy and reducing post-operative pain.

We continually adopt the latest innovations, including 3D-printed titanium implants and AI-driven predictive models, to ensure our patients in East Africa receive international-standard care.

06 · EQUIPMENT & DIAGNOSTICS

Equipment & Diagnostics

Diagnosis, surgery and recovery are supported by modern, in-house equipment, so most investigations and procedures are carried out within the centre.



C-Arm (Digital Fluoroscopy)

Allengers Digiscan S20. A mobile digital X-ray that allows "live" imaging during surgery, ensuring implants are perfectly aligned before the patient leaves the operating table.



Digital X-Ray Room

On-site digital X-ray for fast, high-quality imaging, so patients are diagnosed in the same visit.



Modular Class 100 Advanced Theatre

Surgical navigation, endoscopes and tubular retractors for minimally invasive, tissue-sparing surgery.



Patient Room & Wards

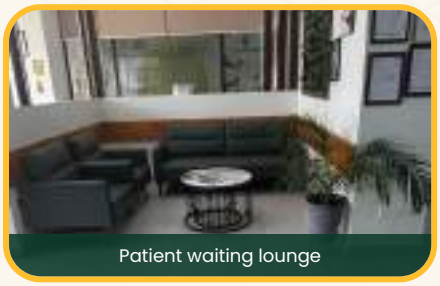
Infection-controlled wards and patient rooms for admission, recovery and rehabilitation.

ALSO ON SITE

- Laboratory
- In-house pharmacy
- Physiotherapy
- Surgical navigation

07 · GALLERY

Inside Revive


Patient waiting lounge


Reception



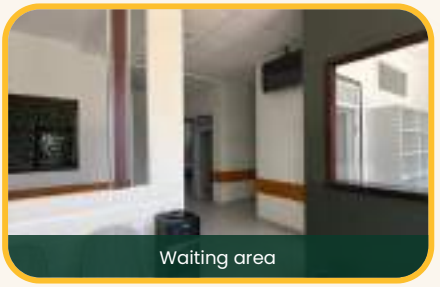
Centre entrance


Pharmacy


Consultation room


Patient room


Corridor


Waiting area


Surgical procedure


Minimally invasive surgery


In theatre


With a happy client

FRAMED CERTIFICATES ON DISPLAY AT THE CENTRE







"Doctor treats, God heals."



REACH US ON

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SCAN ME

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